

# JANE BARR

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*Jane's presentations provide you with the spark that connects you to your power as a leader.*

Jane Barr delivers unique experiences that connect you to the power within you and which open up opportunities greater than you think are possible for you.

Drawing on her 30 year experience leading IT re-engineering projects for the national retail industry and as a certified Executive Coach, Jane combines experience, theory and pragmatism to give you more than a career roadmap; more than instructions on how to take the lead in any situation; she supplies the spark you need to connect to your power.

## FREQUENTLY ASKED FOR PRESENTATIONS INCLUDE

- *Take Control of Your Success: The Key to Jumpstart Your Career*
- *WiseWoman Leadership: Leading With Ease, Grace and Joy*
- *High Power Presentations; 5 Principles to S.C.O.R.E.*

Jane knows her way around the podium as an experienced presenter and consultant to the national retail industry. These and many other engagements honed her presentations, as she received raves – whether from the back office staff or frontline rainmakers.

## DECISION MAKERS TALK-UP JANE BARR

*Jane recently presented at the Bloomin' Brands Women in IT resource group monthly meeting. She spoke on how we can take personal responsibility of our actions and reactions to difficult situations we face on a daily basis. The group loved her and everyone took away helpful hints on how they can take more control of their own success.*

- *Marcia Frash, Senior Director IT, Bloomin' Brands*

*Jane was the featured speaker for PMI-Tampa Bay. Her topic addressed one of the biggest challenges for individuals in leadership roles within today's organizations from a uniquely personal and practical perspective. Her direct and engaging style was a hit with our membership.*

- *Chris Mitchell, Vice President Programs, PMI Tampa Bay*

## ORGANIZATIONS JANE HAS PRESENTED TO



## PRESENTATION

# CONNECT TO YOUR POWER

## WHO

Smart, educated, talented woman leader in technology. She is frustrated and fed up with all the research and excuses about why women aren't rising into leadership roles. She is seeking real answers that can increase opportunities for leadership and she is not willing to wait another ten or twenty years. She wants answers and she wants them NOW.

## WHAT

June 2019 Harvard Business Review points to two reasons that more women are not in leadership roles. One is cultural bias and the other is, "women's lack of confidence". Really? Then, let's stop talking and take action! During this presentation you will have the unique opportunity to experience in real time a positive shift in your confidence and the ability to use this power for the rest of your life.

## TAKE-A-WAYS

- Gain a clear understanding of how our core beliefs drive our lack of confidence, block the connection to our power and show up for women as collective insecurity that keeps us from rising into leadership roles.
- Experience a unique and powerful neuroscience tool called R.I.M. (Regenerating Images in Memory). R.I.M. has the ability to shift the core beliefs that work against you, allowing you to lead in a natural and powerful way.
- Anchoring exercises for practicing and embodying your new core belief in real life work situations so you can experience the growth in leadership you truly desire.